











Fernley Group Class Schedule

(Effective: 04/14/2025)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 YOGA 8:00am-8:50am Cheryl	Pilates 6:30am-7:20am Halie	 YOGA 8:00am-8:50am Cheryl	Pilates 6:30am-7:20am Halie		
	 POUND <small>ROCKOUT. WORKOUT.</small> 9:00am-9:50am Tatanya	 REFIT <small>REVOLUTION</small> 9:00am-9:50am Lindsay	 POUND <small>ROCKOUT. WORKOUT.</small> 9:00am-9:20am Tatanya	 ZUMBA <small>FITNESS</small> 9:00am-9:50am April	
 ZUMBA <small>FITNESS</small> 5:30pm-6:20pm April	 YOGA 5:30pm-6:20pm Cheryl				
TOTAL BODY CIRCUIT 6:30pm-7:20pm Ebony					

To get class cancellations and alerts via push notification, download the Fitness for 10 app!