











Aquatics

PARKWAY

Athletic Club
at Saint Mary's

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am							
8:00am	Lap Swim		Lap Swim		Lap Swim	Lap Swim	Lap Swim
9:00am	Lap Swim Ends 9:50am	Lap Swim	Lap Swim Ends 9:50am	Lap swim	Lap Swim Ends 9:50am	Lap Swim Ends 9:50am	Lap Swim Ends 9:50am
10:00am	 Aqua Fit		 Aqua Fit		 Aqua Fit	Private Lessons & Parent + Me Swim Classes	Private Lessons
	 Aqua Fit	Lap Swim Ends 11:50am	 Aqua Fit	Lap Swim Ends 11:50am	 Aqua Fit		
12:00pm		 Aqua Fit	Pool Closed for Cleaning 12pm-1pm	 Aqua Fit		Lap Swim	Lap Swim
1:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00pm							
3:00pm	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons		
4:00pm							
5:00pm	Youth Swim Lessons	Private Swim Lessons	Youth Swim Lessons	Private Swim Lessons	Youth Swim Lessons	Lap Swim ends 4:45pm	Lap Swim ends 4:45pm
7:00pm	Private Lessons		Private Lessons			STAY CONNECTED WITH OUR PARKWAY APP!  Download on the App Store  GET IT ON Google Play	
8:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
	Lap Swim ends 8:45pm	Lap Swim ends 8:45pm	Lap Swim ends 8:45pm	Lap Swim ends 8:45pm			

Pool Closes at 8:45pm Monday-Thursday, 7:00pm on Fridays and 4:45pm on Saturday & Sunday

During Lap Swim, Circle Swimming and Lane Sharing is Mandatory. Lane 1 is designated for walkers.

Please notify Instructor if you have any special health concerns

Pool Size is 25 Yards

Schedules online:
parkwayathleticclub.com

POOLS, SPAS, SAUNAS, AND STEAM ROOMS ARE OPEN!