

# Aquatics

# PARKWAY Athletic Club

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30am	Lap Swim	Lap Swim	Lap Swim	Lap swim	Lap Swim		
6:00am							
9:00am						Private Lessons	
10:00am	Aqua Fit	Lap Swim Ends 11:55am	Aqua Zumba	Lap Swim Ends 11:55am	Aqua Fit	Baby Swim	Lap Swim
	Aqua Fit		Aqua Fit		Aqua Fit	Baby Swim	
12:00pm	Lap Swim	Aqua Fit	Pool Closed for Cleaning 12pm-3pm	Aqua Fit	Lap Swim	Private Lessons	Family Swim
1:00pm		Lap Swim		Lap Swim		Lap Swim	
3:00pm	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Lap Swim ends 5:45pm	Family Swim ends 5:45pm
4:00pm	Youth Swim Lessons	Youth Swim Lessons	Youth Swim Lessons	Youth Swim Lessons	Youth Swim Lessons		
7:30pm	PRE-TEAM	PRE-TEAM	PRE-TEAM	PRE-TEAM	PRE-TEAM	<b>NOTE: Private swim lessons are held during lap swim times throughout the week. Lanes may be reserved.</b>	
8:30pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
	Lap Swim ends 9:45pm	Lap Swim ends 9:45pm	Lap Swim ends 9:45pm	Lap Swim ends 9:45pm	Lap Swim ends 8:45pm		

Pool Closes at 9:45pm Monday-Thursday, 8:45pm on Fridays and 5:45pm on Saturday & Sunday

During Lap Swim Lane Sharing is Mandatory

Please notify Instructor if you have any special health concerns

Pool Size is 25 Yards

Schedules online  
[www.parkwayathleticclub.com](http://www.parkwayathleticclub.com)

Effective February 4, 2023